

THE LIVING SENT PODCAST: SHOW NOTES

EPISODE: 034

TITLE: Interview: Robin Wallar, Everyone Sent (How to Disciple Others Like Jesus, Intentional

Replication, and Empowering Everyone to Contribute)

Helpful Links:

1. Follow Robin Wallar on social media

- 2. Learn more about Lift Church
- 3. Explore more from Robin Wallar
 - a. Visit his blog
 - b. Check out his books

Discussion Questions for Teams, Church Staff, and Small Groups Transcript

1. Exploring the Great Commission:

 How can we as church leaders ensure that the Great Commission (Matthew 28:19-20) is central to our church's mission and activities? What practical steps can we take to embed this in our church culture?

2. Implementing Life-on-Life Discipleship:

 What are some practical ways to foster life-on-life discipleship within our church community? How can we encourage members to engage in intentional, relational disciple-making?

3. Redefining Church Leadership:

 How can we effectively communicate and implement the idea of a flattened clergy-laity divide in our church? What training or support might be necessary for both leaders and congregants to embrace this model?

4. Creating a Culture of Multiplication:



 What strategies can we employ to cultivate a culture of multiplication in our church, where every member sees themselves as a potential church planter or disciple-maker?

5. Balancing Tradition and Innovation:

 How can we balance maintaining valuable church traditions with the need for innovative approaches to discipleship and church planting?

6. Engaging in Missional Living:

 What are some specific examples of missional living that we can encourage within our church community? How can we support members in making lifestyle changes that reflect their commitment to the Gospel?

7. Evaluating and Measuring Success:

 How can we develop meaningful metrics to evaluate the success of our discipleship efforts? What indicators should we look for to ensure that we are effectively making and multiplying disciples?

Discipleship Assessment and Suggestions for Growth

1. Personal Relationship with Jesus

- How regularly do you spend time in prayer and Scripture reading?
 - Frequency: Daily / Weekly / Occasionally / Rarely
 - Impact: How has this time impacted your relationship with Jesus and your daily life?
 - Personal Notes/Action Steps:
- In what ways are you actively seeking to be transformed by Jesus in your thoughts, actions, and character?
 - Personal Notes/Action Steps:

2. Obedience to the Great Commission

- How are you currently participating in the Great Commission to make disciples?
 - Specific Individuals: Can you identify specific individuals you are intentionally discipling?
 - Personal Notes/Action Steps:
- What steps have you taken to share the Gospel with non-believers in your life?
 - Challenges: How do you overcome fear or hesitation in these situations?



Personal Notes/Action Steps:

3. Life-on-Life Discipleship

- Are you involved in a small, intentional discipleship group where you can be vulnerable and accountable?
 - Yes / No
 - o If not, what is preventing you from joining or starting one?
 - Personal Notes/Action Steps:
- How are you modeling Christ-like behavior and values to those you are discipling?
 - Areas for Growth: Are there areas where you need to grow to be a better example?
 - Personal Notes/Action Steps:

4. Missional Living

- How does your lifestyle reflect your commitment to living missionally?
 - Realignment: Are there areas of your life (e.g., career, finances, relationships)
 that need to be realigned with this commitment?
 - Personal Notes/Action Steps:
- In what ways are you opening your home and life to others, especially those who do not yet know Christ?
 - Personal Notes/Action Steps:

5. Radical Generosity

- How are you practicing radical generosity with your time, talents, and resources?
 - Areas for Growth: Are there areas where you feel God is calling you to be more generous?
 - Personal Notes/Action Steps:
- How do you prioritize giving and serving in your life?
 - Changes Needed: What changes might you need to make to align more closely with biblical principles of generosity?
 - Personal Notes/Action Steps:

6. Multiplication Mindset

- Are you actively training and empowering others to become disciple-makers themselves?
 - Equipping: How are you equipping them to continue the cycle of discipleship?
 - Personal Notes/Action Steps:



- What barriers do you face in multiplying disciples, and how can you address these challenges with faith and action?
 - Personal Notes/Action Steps:

7. Community and Accountability

- How are you engaging with your church community to support and be supported in your discipleship journey?
 - o Feedback: Are you open to receiving feedback and accountability from others?
 - Personal Notes/Action Steps:
- What role does your church play in your discipleship process, and how can you contribute to fostering a culture of discipleship within your community?
 - Personal Notes/Action Steps:

Reflection and Prayer: Take time to pray and reflect on your responses. Ask God for guidance and strength to grow as a disciple and disciple-maker. Consider sharing your assessment with a trusted mentor or friend for accountability and encouragement.

Transcript of the Interview with Robin Wallar

On the podcast today, I have Robin Waller. And Robin, we are so, so excited to have you here. Looking forward to what you're going to share with us. Yeah, man, thanks for having me on. It's good to be here.

Absolutely. Well, we were talking before Hit Record. The way I got in contact with you was actually through a mutual friend, and he told me to go check out your first book, and it was actually called Living Scent, and I released mine officially in January of 2023. Did your first edition of Living Scent come out that same month? Do you recall when it released?

The original version of Living Scent actually came out in June of 2020. Oh, man. We republished it actually just a month ago, a completely overhauled edition, so. So you beat me, or I beat you a couple years, but then you were ahead of me on getting the good version out, and our good version came out just in November 2024. Yeah.

And, you know, anybody who writes a book called Living Sent has got to be worth talking to, so I'm extremely happy to have you. But we're not talking about that one. We're actually talking



about another book called Everyone Sent. Kind of. Before we get to that, though, I'm always curious about where book ideas come from.

And so I wanted to just kick it over to you and ask you to share a little bit about your. Your background, a little bit about how you got to your current role there at Lift Church. And then what really prompted the writing of this. This latest book? Oh, wow, there's a.

That is a good story. So I am a nuclear engineer by training. I am not a pastor by training. So I. I studied engineering in school.

And when this is dating back a long time ago, I helped plant our church about 18 years ago, actually, when I was a university student. And after a bunch of years, my. My wife and I ended up taking over and really rebooting our church. It had really struggled in its first few years, and we were like 20 people six years in, so it was really, really small. And we just said, hey, we'll take over.

And I, at the time was working as a software engineer at a. At a startup and just said, hey, I'll work my software job. We'll. We'll lead our church. I don't need to be paid, and we'll just see what happens.

And that Kind of paradigm of living and working in my professional career, but serving the church and leading the church as best I could really was the genesis of the whole thing for us. But what happened was we started to wrestle with the question how can we plant lots and lots and lots of churches? We started to multiply churches. About two or three years in we planted our second location and then our third and then our fourth location of our church. And we're trying to figure out how can we do this faster, cheaper and more evangelistically.

We didn't want to just collect Christians, but we wanted to find a way to plant churches that was, that was really discipleship oriented, evangelistic first. And so that culminated in about four or five years of just wandering in the wilderness trying to figure out how do we plant lots and lots of churches. And in that journey we discovered the power of what we now call like the co vocational church planter. So the idea that professionals in their professional careers can plant churches. But we then linked that to the power of life on life discipleship, this call for every believer to make disciples, who make disciples, who make disciples.

And then designed a church ecosystem that systematized those two things. One, co vocational church planting and two, life on life discipleship. And the result was the writing of everyone sent and living sent those two books. But really those are just a reflection of our broader church



culture where we're trying to plant lots and lots of churches and make lots and lots of disciples out of everyone in our community. So where is home for you guys?

So we are based in Hamilton, Ontario, Canada, which is just near Toronto. So we are firmly in the post Christian west, as it were. Wow. I want to go back to something you said.

So you said, you know, you helped plant or start lift church. That was a church plant. And then maybe was it six years in or so you guys decided to actually help lead that church. What was that, what was that decision pro decision making process like? So basically the, the founding pastor, we were originally planted in the Fairly normal for mid 2000s church planting process with sort of denominational funding and that sort of thing.

Okay. He moved on because we were basically running out of funds and he wasn't sure how we could sustain it. And my wife and I were kind of like the number two leaders we had just been serving all along. And the decision was pretty simple because it was either we shut this thing down or Robin and Laura take the reins and. And lead it.

And so my attitude was sort of like, well, Lord, like I don't feel like we've really fulfilled what you have for us in this church. I feel like there's still a mission field here. And so it was, for me, it was really just a logical, like, well, this is just a sensible next step to keep doing what I'm already doing and fulfilling the heart that God's already put in me and my wife to serve, to serve this community and make disciples. And so it was one part a totally natural thing, and the other part it was just like, if we don't do this, then we don't have a church. And so that sounded sad.

So let's just keep going. Right, right. And now, you know, here we are, years later. It's. I'm so glad that we did.

Absolutely. So you, you mentioned too, even before we hit record, that you started leading and then there was maybe some thoughts that you started to have, some things that you started to see that began to maybe put some new thoughts in your mind, new desires in your heart about multiplying everything, being more intentional, about making disciples. Kind of bring us to that point. Like, what was going on that made you say, there's got to be a complete paradigm shift here to. To keep going, to keep moving forward.

What was that like? Well, what it was like was really painful is the honest answer, because we had to go through a process and it took honestly about five years to shift our entire community. And I would say more than 50% of people didn't go with us. In the span between when we started to make the shift and when we started, we had become a community and four different



cities and many hundreds of people. So we had matured into a large community or a relatively large community.

And. But the genesis of it was that at the time, we were planting churches using what I would call a traditional model. And depending on your context and who's listening, that would mean different things. What I mean by that is we were planting churches with a full time paid church planter who would then assemble a team and we would secure a venue and sort of try to attract people to a large gathering. And that created a real problem for us because we're like, well, we can't fund hundreds and hundreds and hundreds of those is the first issue.

But the second issue is we don't have a leadership pipeline for those. There's no way that we can train people to run that kind of community. It's expensive, it's really difficult. We don't have the resources and it will take us forever to train people. So we started to go back and say, okay, what's actually the bare essentials here.

And what's the New Testament paradigm? Like, how did the New Testament churches plant churches? And there's this great little verse in Acts 8 where it says a persecution came upon the believers and they were scattered. And then it says they went on their. They as they went, they went on their way preaching the word.

And then if you fast forward, these, like, random unnamed disciples end up in Antioch and plant the first church that reached the Gentiles. And then later on, the apostles in Jerusalem are like, hold up, what's happening? And it leads to this, like, really exciting thing. But it kind of blew. Blew our minds that.

Well, I was like, wait a second. The first church planters were basically these random, unnamed, untrained followers of Jesus basically running for their lives. And while they were running, they were like, hey, can I tell you about Jesus? And so we asked a really simple question which changed everything for us, which was, what if we set out to disciple people in such a way that if anyone in our church community was dropped into any city in the world and left alone for 10 years and wouldn't and we came back, there would be a vibrant church there. And that became kind of like a.

A question that I would use to test everything we did. Is it helping us raise disciples who can make disciples? And if we can raise disciples, who can make disciples, we'll inevitably end up with lots of church plants was essentially the thesis. And so we started to build around that idea. And that was a radical shift because now all of a sudden we went from having no church planters to having a church of 500 prospective church planters.



Right, right. Where just redefined what it would look like. And not everybody understood that or was on board with that at the time, which is why it was so painful and difficult because it took a long time for us to advocate for this kind of life on life, discipleship, let's get everybody effective and engaged in mission. But I'm so glad we did because today that's exactly what's happening. And it's okay if you don't want to answer this, but just listening to that story, would you be willing to share about some of those pain points?

Like, what were some of the things that people just could not get on board with? Like, was it theological? Was it, hey, man, you are asking too much of me. Was it? I just don't see myself like that.

Like, what were some of the things that people said, I'm out.

I think one of the big ones was that it meant that the position of pastor became a whole lot less important. And so we basically flattened the clergy. Laity divide. And, you know, I would imagine most of your audience is Protestant and would have a fairly flat ecclesiology to begin with. But.

But the truth is we have a fairly significant divide in most of the western church where pastors are on a higher pedestal than everybody else. And the flattening of that meant. Meant two things. It meant for our congregation that they were called to a much higher standard, which they didn't necessarily want to be or understand. And it meant that our leaders were no longer special.

So we did something which was crazy. We just said, no, there's no more. We're not going to add the honorific of pastor to anyone. So at that time, I was known as Pastor Robin. Now I'm just Robin.

Because if I'm Pastor Robin, then you also have to probably be master, you know, whatever. Sure. And that just totally rattled people. It was like, it was like mind blowing to them that, that we're going to flatten this divide. The irony is that Luther was advocating for this 500 years ago, the same kind of flattening.

And he's got some great quotes which I include in my books that kind of get at this idea. So that was one of them. The other one was that the. The expectation that everyone make disciples meant that everyone had to be in a disciple making an accountable relationship without exception, and that not everybody got on board with. And the key reason is that in order to be



they, everybody liked that idea.

But in order to do that, we had to start saying no to a lot of other things. And the biggest issue was the things we had to stop doing. It wasn't so much that people were opposed to what we wanted to do. It was more that they didn't want to give up. So the key one, the one that actually caused the greatest grief for us was our women's ministry.

We had to shut down our women's ministry in order to do this, because our women's ministry and our men's ministry at the time was cracking, sort of separate to our discipleship strategy. And we couldn't do both effectively at the same time. And so the shutting down of that man, you swear I had, like, committed the greatest heresy in the world. And so that caused a great, a great deal of blowback. And that was very specific to our context.

But I think the point is that there's things that we're doing that we have to say no to in order to go all in on discipleship. And it turns out that there was a lot of things that our community really valued more highly than discipleship. And that was not well understood or appreciated. And so the way that expressed is people would call team members and say, Robin's lost his mind, he's crazy. You should lead the church.

You know, like I can remember it was, it was brutal. There was like, you know, people would host meeting. It was a horrible, horrible time. But you know, it's just, it was just the process that we had to go through to be refined. But now you're on the other side of that, right?

And so in many ways, like the book that you just released, or re released, I should say, everyone sent, kind of crystallizes some of those thoughts. And so I wanted to ask this of you for someone who maybe had never thought about some of the ideas that you have presented, namely the idea of multiplying everything, that every Christ follower is called to be a disciple maker. If they've never thought about that before or if they just don't know where to start, what might be a cultural or theological shift that they need to really embrace so that they can start moving in that direction. Does that make sense? Yeah, for sure.

I mean, I think at a baseline, it's just a serious wrestling with Matthew 28, like the great Commission, like go into all the world and make disciples of all nations, teaching them to obey all that I've commanded. And, and I think it starts by really wrestling with like, am I personally obeying that command? And, and really wrestling through. But then the next step is to get clear, okay, well what does it mean to make disciples? Because what I've observed is that a lot of the time disciple making isn't a well understood or clear idea for many Christians.



It sort of is like this catch all. And so what I would then say is, well, Jesus said to go make disciples to his disciples. We should make disciples the same way Jesus made disciples. Well, how did Jesus make disciples? Highly relational.

He spent time, he was highly, a lot of time with them. He was highly proximal to them. So he was in, in their worlds, they did life together. There was a vulnerability, there was an empowering, like we should make disciples the same way Jesus made disciples. And so that then says, okay, well am I doing that?

Am I inviting people into my life? Am I journeying with people in an intentional way? Am I releasing them to go make disciples? And so kind of starting with Matthew 28 and then using that as a call to test against Jesus way of making disciples is where I would really encourage Encourage people to start. Because I think what Jesus laid out in what he did with his disciples is something that we can replicate in our lives, all of us, every Christian.

So you guys are very, very clear on what you mean by discipleship. I was curious. I know we don't have all the time in the world, but could you kind of touch on some of the key aspects that you guys at Lift Church really hone in on and maybe just explain what those. Those are in, you know, kind of a nutshell? Sure.

So I'll start with our definition of what we mean by discipleship is. So we define discipleship as glorifying God. So it's an act of worship by following and being transformed by Jesus. So it's this, this something that has to do with closeness and transformation in relationship with Jesus while inviting, modeling, training, and empowering others to do likewise. And so it's this relational process that involves bringing people into our lives, allowing them to see how we live, teaching them to do what we do, and then sending them out to repeat that process.

And what we've done is we've broken all of that into five theological ideas that we're trying to get across. So as we're inviting, training, multiplying or inviting, modeling, training and empowering, and as we're multiplying disciples and as we're being transformed, we're really assessing that on five key areas. So the first one is what we call Gospel fluency. So have they understood what the Gospel is and internalized it? The second one is secure identity, as that understanding of the gospel led to a transformation in terms of their self understanding in relationship to God, but also in relationship to their other brothers and sisters within their church family.

The third is what we call missional living. So this is actually our most controversial one, because as we learn to follow Jesus, our lives should not look the same as the world around us. We



should look different, not just in terms of standards of holiness and behavior, but also in terms of how we structure our lives, what we prioritize, how we think about things like career and housing and family and all of. And all of that. So we bucket that under missional living.

We then look at radical generosity, this call to be generous, as Christ is generous with our time, talents and treasures. And then last, we talk about crucial conversations. So that's really looking at two sides. One is training and teaching our disciples to be effective in making disciples and having conversations and leading people in the other areas of theological formation. And on the other side, evangelistic efficacy.

So the ability to actually talk about who Jesus is with non believers. And so those five areas form our basis, and we're always training and trying to assess those. That's great. It's funny you mentioned that missional living was the controversial one. I think if I had to guess, I would have said, you know, maybe.

Maybe radical generosity. Because at least in our context, we are. We're in North Florida, so Tallahassee, Florida. A lot of times we get pushed back on people just saying, I'm just kind of just too busy, you know, and I don't really want to open my home. My home is kind of a refuge, a safe.

A safe place for me to retreat, you know, after work or from the world, whatever. But really, I think I would have pinged that one as being, man, that's the one that everybody's gonna have a problem with. Do you guys. How do y'all parse out missional living from radical generosity? Like, obviously, you have two categories.

Is there one? Is one emphasizing more of something than the other? So I think. I think of missional living as the way that our life is structured in the beginning. So we include things like open home, hospitality, career.

Like, it's. It's really looking at the structure of our lives. Okay. The assumptions around which we're building our lives. Radical generosity is then sort of like, okay, well, now what do we do?

Because we've chosen to live humbly and chosen to live simply and chosen to prioritize the gospel and chosen to live with an open home. Now we're going to be generous with our time, we're going to be generous with our finances, we're going to be generous with our talents because we've actually intentionally set ourselves up for success in those areas. Yeah. So in some ways, like, the. The difference is a little bit subtle, but the reason is that it's like, I think people love the idea of generosity, but in order to be generous, you first have to have capacity



for generosity.

And it's the creating capacity that's the hard part, which we follow under missional living. That's good. That makes sense. Yeah. Yeah.

So I'm sure you. You've heard this before, too. It's like when. Whenever people start to talk about measuring discipleship effectiveness, it can almost get a little wishy washy if. If you start to venture outside of some traditional metrics that the church has often had.

How do you guys measure discipleship? Because I know that's. That's where you want to focus and you want to be measuring what matters. How do you Parse that out. What does that look like in Yalls context?

That's a great question. I just posted an article on this this week. So I think it's super important that we measure because as soon as you get beyond 20 people or even 30 people, you can't relationally touch all of that as a leader. So you have to have some way of figuring out what's going on. And so there's basically three metrics that I really care, but we measure a lot of things as a church, we measure basically everything.

But there's three core metrics. The first one is the number of disciple making contexts. So how many contexts do we have where we can reproduce disciples? Which assumes that you have a context for reproducing disciples. And again, following the Jesus model of disciple making, he made his primary group was about 12 people.

And so there has to be some sort of intentional disciple making context context that is small enough to get the time proximity vulnerability kind of rhythms flowing. So that's our first metric is how many of those do we have? Because that essentially tells us what our total capacity is. If you brought 5,000 people to our church today, it would make no difference to me because I only have capacity right now for about 600 people. 5,000 more bodies doesn't mean that we can disciple 5,000 people.

And so the metric we're looking at is not the size of attendees in our church, it's the number of contexts we have, because that establishes what our actual capacity for discipleship is. The second key metric is how many leaders in training do we have, how many disciples that are formally committed to launching a new disciple making context are in the pipeline. And we have a very formal process for, or a very established process for doing that. And at any given point in time, we're looking for around 70 to 80% of our disciple making context to have a leader in training. And that's huge because without that leader in training, we don't have a



future for multiplication.

The third thing is we're looking at, and this is really key, is the distribution of what kinds of people are we connected with. I think in a healthy disciple making context, there should be a variety of types of people. And what I mean by that is non believers, new believers, leaders in training and leaders. If a disciple making context is all mature believers, it's going to really struggle to reproduce because there's no young believers driving growth. And so we want to make sure that our disciple making context have a blend and a healthy mix of of young and more mature believers.

Age doesn't really matter to us so much as a sort of stage in the faith. And what that means is we're really asking the question is how much evangelistic efficacy is, are there new, are there non believers that are connecting into our disciple making context? If there isn't, then again we don't have a future. And so because our pattern is train the leader up, send them out, they're going to go reach a bunch of non believers and new believers, they're going to train them up and send them out and multiply that way. And then we use software to track all of this.

So we have a software platform that we use that, that helps with that. Awesome. So I wanted to circle back on, on context and then ask you something after that. So by, by discipleship contexts, is that different from, let's say a traditional Bible study group or small group that would be in a typical church in North America? Yeah, I think there's a, a really key and important difference.

So most, if we're honest, small groups or Bible studies within a church are largely a assimilation strategy to help people who have connected to the large format gathering, assimilate into the community, build relationships and connect with people. And then as they do that, you know, there's a hope that maybe they, they learn some scripture or you know, grow relationally. And that's good, that, that, that's, that's all really good stuff. I think our, our thinking is a little bit of an inversion rather than our disciple making context being an assimilation strategy. They're primary, they're actually the primary entry point into the community.

So almost everyone will attend or first connect into a discipleship context. We call them simple churches way before they ever come to a large format event. And what that means is that they're not an assimilation strategy, they're actually a discipleship strategy. Our goal is to reproduce disciples. And this is the, perhaps that really gets to the crux of it.

Our goal is always to have more and more and more discipleship context. Simple churches, their primary thing we're looking at is are they multiplying? Whereas a small group often



doesn't really have a mandate to multiply to reproduce. And the reason is that small groups are largely oriented around bonding people together closely. And the moment they're bonded together closely, the last thing they want to do is multiply.

I think recognizing the way I often describe it is that the church has these two forces always at play within it. We have a force for sending and a force for gathering. It's kind of like breathing in and breathing out. And, you know, as we breathe in, as we gather, we have to breathe out. If we don't breathe out, we actually suffocate.

And so a healthy discipleship context should have a really healthy breathing in and breathing out rhythm. A really healthy, like, let's gather and then let's send. And oftentimes our small group contexts in churches are basically just the breathing in. Yeah. Aspect of it.

So I wanted to kind of shift gears really quick. You know, let's say somebody's listening and they get your book. They hear this podcast and they just. They want that. They're like, man, that sounds amazing.

You know, I look back on my own spiritual journey, and I'm not sure that I ever was formally discipled or intentionally discipled, but I've come to know the Lord obviously more now than I ever did, and I want to be a part of this. What would you say to that person? Like, what would be their next step to move towards something like you're talking about? In the book everyone sent, I think that I would have two different answers depending on someone's role. And so, you know, if they're a church leader, I think it would be a different response to somebody that's not a church leader.

And so for the church leaders, I would say just get your church on board and start doing it in your own home. Oftentimes when, particularly when pastors ask me this, I say the place to start is your home. If as a pastor, you're not willing to do it, then I can guarantee it's not going to happen in your church. But for your. For a more, let's just say someone that's not in formal church leadership or not a pastor, I would encourage people to say, don't ask the question, have I been discipled or have I not been discipled?

You have the Word, you have the Bible. You can start in your own home. You can start reproducing and making disciples right at home. Gather some people and just open the Word and just ask three questions of the Scriptures every time you gather. What does this teach me about God?

What does this teach me about myself? And what step of obedience can we take in response to



that? And. And it's amazing how that simple act of just committing to gathering with people, invite people you don't know, invite your neighbors, invite non believers. Don't worry about what they believe or what they think.

It's amazing. If you just start in your home, start small of what God can do. And obviously that's why we wrote Living Sent as a real tool and a guide to help people have a bit of a roadmap for, like, okay, actually, how do I do that? That's where Living Scent could actually help with some next steps. And I would assume just hearing you say that, I would assume that that would.

That would just breathe fresh life into people. Like, that would energize people who genuinely want to see God do the things that we read about him doing in the Bible. Could you speak to that? Like, have you seen it energize your church? Energize people who basically maybe just perceive church as something that you show up to and kind of do one day a week and then go home and come back the following week.

Have you seen people just kind of come alive in a sense, jumping into this, multiplying everything, discipling others. I'll just share a story from, like, a personal story for me, because I'm still doing this. I. I open my home, I have a discipleship group. And it is the highlight of my week is getting my guys together.

And one of the guys I'm discipling five months ago arrived, never read a Bible, never been to church, totally opposed to it, really negative perceptions. And generally, like, mental health was terrible. And each week, all we have done is just open Scripture and read it together. And for now, 16 weeks in a row, we've done that. And I cannot say what a different person he is.

I've watched God transform this young man. And the gift. I'm like, he's received the gift, but I've received a gift. I lead this big church now, and whatever, I deal with all kinds of logistical issues. But the highlight, the joy for me is going.

And I get to sit down and just hang out with this guy and see him discover Jesus. And every week we see that happening in our church. Just the gift of watching people come alive and as we. That's why I think there's such treasure when we get young or new believers together with maybe someone that's journeyed with Jesus a little bit longer. It's the person who's journeyed with Jesus for a while that actually is the most blessed.

Because, like, oh, wow. I'm not sitting and having some pointless theological argument. I got to teach them about God's love for them. I got to teach them about the power of the Holy Spirit. I got to.



I got to pray with them for the first time. Like, the gift of teaching someone to pray is they're like, man, that's beautiful. And it's not complicated, right? And so, you know, if someone's feeling stale in their faith, just find a young believer and come alongside them. And I honestly, it'll.

It'll. It'll totally revolutionize your journey. Well. Well, that's good, man. I.

I have actually two more pages of notes that I was hoping to get to, but I want to respect your time. And I did want to ask you this. As we kind of wrap. Wrap things up, is there something that we didn't talk about or didn't get a chance to talk about that you think we should? In the last couple of minutes here, we've covered.

Covered a lot of. A lot of ground. I think I would just encourage people to say, you can do it. We can make disciples the way Jesus did and just say, hey, like, go for it. And if.

If you know our resources or whatever can be a blessing along the way. Yeah, happy to. Happy to have that be a part of the process. Awesome. Well, if somebody wanted to find out more about you and find out more about some of the books that we had mentioned Living sent, and then also now everyone sent, how might they get in contact with you?

The best place to find us is on substack, livingsent.substack.com so Livingsent substack.com that's where just recently we started writing and sharing ideas and talking about everything we're doing, and all of our resources are linked there. Awesome. I'll. I'll link this in the show notes as well. But, Robin, thank you so much for your time.

This has been awesome. I've personally learned a lot, and I know the listeners will be blessed by it as well, so really appreciate it, and God bless you guys up in Canada. Awesome. Thanks, man. I appreciate it.

I'd love to hear from you this week. Reach out to me at justinwester.com/connect. Remember, you don't *have* to Live SENT, you get to. See you next episode.