



THE LIVING SENT PODCAST: SHOW NOTES

EPISODE: **O10**

TITLE: **Can Introverts Live SENT Too?**

And in a world that seems to praise extroverts, it's easy to feel like you've been given a second-rate personality style, even within the church. So, it shouldn't come as a surprise that one of the most common questions I get related to Living SENT is, Can introverts do this too? Do introverts have a role to play in Living SENT?"

Four Suggestions:

1. Leverage "third places" and become a "regular" somewhere

- a. This is a great way to approach See People Like Jesus as an introvert because with enough time and consistency, you will begin to naturally get acquainted with others who frequent those places as well. You can go at your own pace and trust that God will bring the people into your path that you need to be intentional with.
- b. **Questions: Are you a "regular" anywhere in town? Where do you love to go and "hang out?" How could you more intentionally frequent the places you love and become a regular this year?**
- c. Recommendations for learning more about third places:
 - i. Ray Oldenberg, The Great Good Place, click [here](#) for link.
 - ii. Brad Brisco and Lance Ford, Next Door As It Is In Heaven, click [here](#) for link.

2. Share Meals in "Neutral Territory"

- a. Keep this in mind- Jesus himself did not have a home into which he invited people. He leveraged neutral spaces and was frequently invited by others to share meals elsewhere. In fact, Jesus's largest meal took place in neutral territory
- b. **Questions: What challenges do you experience by sharing a meal with others in your home? How could sharing a meal in neutral territory alleviate those challenges?**

3. Make Yourself Available to *One* Neighbor

- a. *One of the biggest factors that had been preventing them from engaging their neighbors was timidity. They were apprehensive about taking the first step,*



about being socially uncomfortable, particularly when so much time had already passed. They began by taking one simple step. They switched yards. Their kids had always played in the backyard, and that setting was the social hub of the family. So, Tom and Angela simply switched to the front yard. They put up a swing in a front yard tree and added some lawn chairs. That was about it. Nothing happened at first but after a while, soon other kids and adults were spending more time in their front yard than they could ever have imagined. And all they had done to attract this traffic was hang out where they could be seen.¹

- b. **Questions: Make a list of ways that you could begin to be more available in your neighborhood (taking a walk, sitting on the front porch, etc.). What would work well in your neighborhood?**

4. Share Your Personal Story

- a. You may have experienced a dramatic transformation, kind of like Paul on the Damascus Road, or your's may be more subtle- but in either case, your salvation story has power. Not because of what you went through but because the gospel has power.
- b. Stories are shared at the speed of relationship, so be prayerful and discerning about when to share but don't let a particular method hold you back from Talking with Others about Jesus.
- c. Recommendations on sharing your faith:
 - i. Dr. Mike Bechtle, Evangelism for the Rest of Us. Click [here](#) for the link.
 - ii. Thom Rainer, Sharing the Gospel With Ease. Click [here](#) for the link.

Introverts- you can live SENT. We need you to live SENT. The church needs you. You have a unique personality that is vital to the health of the church and can be powerfully used by God as you join Him in what he's doing around you.

I'd love to hear from you this week. Reach out to me at justinwester.com/connect. Remember, you don't *have* to Live SENT, you get to. See you next episode.

Justin

¹ Dave Runyon and Jay Pathak, *The Art of Neighboring*, pg. 68