



THE LIVING SENT PODCAST: SHOW NOTES

EPISODE: **003**

TITLE: **How to See People Like Jesus in the Busyness of Life**

1. **Put Others First.** The Apostle Paul said in Philippians 2:4-5, *“do not merely look out for your own personal interests, but also for the interests of others. Have this attitude in yourselves which was also in Christ Jesus...”* (New American Standard). Jesus put others first throughout his entire life. Doing so enabled him to be present to the people God put in his path. Having this kind of attitude, one that is humble enough to consider others better than oneself, helps to open our eyes to the people around us.
 - a. Discussion question(s): Brainstorm some ways that you could practically “put others first.” It may be helpful to think through how you could do this within your household, workplace, and neighborhood.

2. **Prioritize “Peoplework” Over Paperwork.**¹ It is so easy to be so task-oriented at work, at home, or at our hobbies that we overlooked people. Rather than seeing people as interruptions throughout your day, view them as divine opportunities.
 - a. Discussion question(s): How can you organize your time this week to make “peoplework” at priority? What immediate action will you take to make space for people this week?

3. **Practice the Pause.** Rather than immediately getting out of bed and checking your phone or rushing into your office space, “practice the pause” to intentionally create space for you to interact with your family, friends, neighbors, and coworkers.
 - a. Discussion question(s): Identify the locations in which you work throughout the day: Do you go to a coffee shop? Work from home? Cubicle? Rather than moving directly to that space and beginning your day, walk an alternative route, sit quietly for 5 minutes, or begin a conversation with a friend.

Remember, these things will help to create opportunities for you to meaningfully engage with other people. Keep an eye out for how God is at work around you. See you next episode.

Justin

¹ Hanz Finzel, *The Top Ten Mistakes Leaders Make*, (Colorado Springs, CO: David Cook, 2007).