



## THE LIVING SENT PODCAST: SHOW NOTES

EPISODE: **001**

TITLE: **WHAT IS LIVING SENT?**

1. Living SENT is a **calling**. It's not just for religious professionals, clergy, or a separate class of "super Christians." If you are a follower of Christ then Jesus has *already* sent you into the world to join him on mission. John 20:21, "Peace be with you! As the Father has sent me, I am sending you."
  - a. Discussion question(s): C.H. Spurgeon said, *Every Christian is either a missionary or an imposter*. Do you agree or disagree? Do you see yourself as a missionary? Why or why not?
  
2. Living SENT is a **posture**. By posture, that is to say that living sent is an "attitude" or a state of mental preparedness that helps Christ followers fully engage in the world around them. Consider the posture of an athlete just moments prior to a race starting or a play beginning. Their posture is appropriate for the task at hand (running, blocking, swinging, jumping, etc.).
  - a. Discussion question(s): What is your "posture" toward the world? How would you describe your sense of readiness or preparedness?
  
3. Living SENT is an **acronym**. There are four habits that make up Living SENT. See People Like Jesus. Eat With People Like Jesus. Neighbor People Like Jesus. Talk With People About Jesus. Each of these habits are already present within our lives in some measure. As you grow in these habits, they will help propel you into the world around you.
  - a. Discussion question(s): Which of the four habits do you immediately gravitate towards? Which do you find most challenging?

**Living SENT is a journey and is something that you can grow in over time. In future episodes, we will explore each of these habits in greater detail. Remember, you don't have to Live SENT; you get to!**

Thanks for listening. See you next episode.

*Justin*